

ARC/CYCLES: THEORY AND AUTOMATICITY

A lecture given on
8 December 1952

This is, I think, the eighth of December, the first lecture afternoon class.

I want to talk to you today about ARC and finish up all this.. things and stuff about these cycles and uh.. get squared around with theory here so that we can take off on a breakdown of Standard Operating Procedure.

The word is.. spreads very fast on this material. I'm getting printed notices now from clip joints and little two-bit outfits like the AMA saying they now realize that they.. that their approaches.. their approaches and re approaches weren't in terrific disagreement after all and to prove this they're presenting Standard Operating Procedure Theta Clearing Issue Three, but they don't have that yet so I don't know what they present. So what I.. what I give you.. what I give you in these lectures I'm sure of and what's manufactured by the squirrels nobody's sure of.

You know what a squirrel is? A squirrel is somebody you know.. you know.. the medical professions since time immemorial and all these various professions have had on their coat tails uh.. squirrels. Everyone of them. There hasn't been a single branch of human endeavor that doesn't have its lunatic fringe. We've had more than our quota, much more than our quota. And uh.. they.. the damage that can be done by them is fortunately minimal. But occasionally they get ahold of somebody and they louse them up most gloriously.

It's a.. actually a comment upon Man today that an effort which is made without using any of its horsepower could actually be mauled around to the extent that Scientology and Dianetics has been mauled around. 'Course I've done some of the mauling around myself. I write under the pen name of Ira Wallace and uh.. my Hop-a-long Freud did a good job.

Uh.. but all joking aside, you as auditors are going to be beset by squirrels. You're going to look with the most aghast expression at the fact that Mrs. Pongerbung has come over and she's gotten much better. She's in pretty good condition. She ceases to pick those cockroaches off the wall all the time, and uh.. she's in pretty good shape, her.. uh.. it's been weeks since she strangled any babies and you're going to find her husband who has witnessed this improvement and Mrs. Pongerbung coming over to say, "You know uh.. we have uh.. just been talked to by an auditor who uh.. who uh.. practices a subject known as uh.. Squirreletics. And uh.. he's decided that we've decided that uh.. probably that treatment is much better." Well of course that treatment consists probably of putting the preclear down on the couch, putting a knee in his throat, and banging him over the head with a small mallet or something of the sort in order to secure a good solid theta clear.

You will look at this just aghast and uh.. you will say, "Look, uh.. no, no intelligent civilization could witness such a thing as this going on." Don't kid yourselves. It's not an intelligent civilization. We're trying to make one out of it. And you got a long way to go.

Uh.. Man has been playing this beautiful tune of all is best in this best of all possible worlds, and with rape, and murder, and arson, and a terrific thirst of havingness all up and down the alleys and by-roads, and trying to call those alleys boulevards. He's.. he's just barely out of the trees.

Now uh.. when it comes to.. when it comes to the humanities, there have been no humanities. Don't make a confusion of that. There haven't been any. We are doing a pioneering job in that direction which is very far from done to any great distance, but we have won this.. we have won techniques which have a workability and if adhered to, and if practiced well, can do the

job. Because you can make something more than Homo Sapiens and in my opinion it's about time.

Okay, those.. those snide and bitter comments, probably, uh.. are uh.. completely unwarranted, but uh.. once in a while, once in a while I tell you the truth, I get bored. "I wonder why, Ronnie," I say to me, I say, "What the hell did.. what you ever start this for?"

Well, let's go in immediately into another pair of cycles. There are two more cycles compared to the ones which we have had. The most important of those is automaticity. Automaticity ties in a little bit into what I've just been saying because automaticity is the gradient scale of, "It's all being done," or "It must be done for me." This state of mind, this is an aspect of experience, and this state of mind is something which is going.. which is going to appall you in a preclear.

Automaticity is something which has only vaguely been added into human experience. And yet it is right there to be added into human experience. The fellow who says, uh.. "I have to do it all myself" is an aberrated point at an aberrated point on this scale. But he's not nearly as bad off as the people there who are below the point, "It all has to be done for me."

The thirst to have it done for me, that is.. that is evidently inculcated into Man in earliest babyhood. He.. he requires to be waited upon to an extent and a degree which demonstrates actually a very low level of culture. You'd be surprised how this automaticity is played upon by the modern businessman, by the manufacturer, and so on.

Automaticity could be said to be the gradient scale of action, stemming from oneself down to having everything done for oneself. The catatonic schlitiz is at almost the bottom of the scale; the dead man is at the very bottom of the scale. The dead man can't even embalm himself. He has to have other people do that and bury him.

Uh.. now you get upscale just a little bit, you look over automaticity and you will find it in the creation of illusion. People start creating illusions. Instead of creating the illusion they put it on an automatic circuit and Homo Sapiens is very good at rigging up these automatic circuits so that he won't have to pay attention or think about it. And that is the entrance point into automaticity.

The person is perfectly powerful, sane, able, all-pervasive and capable of enormous goals up to the first moment that he says, "I'll rig it up so it's automatic." The first instant that he says that, he has said at the same time, "I am insufficiently powerful to concentrate on more than one point at once." You see, there is no.. no slightest doubt about this fact. A man can think in twelve different spheres of action and dictate twelve separate and not even related actions simultaneously.

In the first place there isn't any such thing as time. One of the easiest ways to do this would be to ring up a time track for - let's say we're running twelve dogs. All right, let's rig up a time track for each one of the twelve dogs and then let them play simultaneously. Rig them up in series. Let's fix up the time track. We'll say dog one is going to do this and dog two is going to do that and dog three is going to do that. And we.. we go at it on that.. on that level in series. One right after the other and then we could just take those time tracks and put them all in.. in parallel and.. and have them all run off simultaneously and have the dogs act on those postulates simultaneously. And they would do so. But it.. that is dictated action and that is a step down from the desirable state of being able simply to dictate the actions of twelve dogs simultaneously.

Man has gotten to a point of concentration, or the thetan who has come down here and the thetans out in the universe are actually at a point of concentration which is appalling. Uh.. they think they can only do one thing at a time. Some people have got this so bad, they think they can only listen and look and so on. You want to make a test out of a preclear, have him look out the window and.. and.. and.. and start figuring out which one he is doing.

He.. he gets pretty groggy, you say, "All right, now le.. let's.. let's look. All right, now you're looking? Okay, now, as you look, listen. Now as you listen, feel the weight on your feet. Now as you feel the weight on your feet, feel your heart beating," and about that time you will see him start reeling. You've asked him to come off of some terrific point of concentration that he is fixated on by aberration, and he reacts to this by uh.. becoming unbalanced and unstable just in its most literal sense. I mean he physically becomes failed in his balance and stability.

That's because you're asking him to do more than one thing at once and he knows very, very well it's utterly impossible to do more than one thing at once. Well, of course a fellow couldn't run a universe of his own without introducing some factor of automaticity.

He starts a planet going around and he says, "This planet hereinafter shall go around. Here it goes." Or he builds a wood and he said, "Now this wood is now inhabited by.. by gophers and uh.. rabbits and uh.. people from Fairhope, Alabama, so that the squirrels will have something to eat." And uh.. then he.. he just walks off more or less and leaves it with a confidence that it will continue to run.

Well, that is entering into the first stages of automaticity and only becomes bad when he starts to play this game, and this game is one that spins in very quick. He says.. he come back the next day and he starts pretending for his own interest and enthusiasm, "Isn't this a nice wood, I wonder who made it?" He.. he feels that he has to do this. The second that he starts splitting up and saying to himself, "I didn't do it," he's got a piece of woods for randomness, and all you have to do to produce randomness is to fail to take responsibility for something. If you'll just refuse to take the responsibility for having done something or just deny having done something you're going to get randomness. And the end of that curve is lots of randomness.

The end of that track after a long time - it can get pretty low. It can get down to politicians, and squirrels, that's pretty, pretty bad off. Now very often a fellow is persuaded that he is setting himself up as an automatic piece of machinery when he's just being himself. He's just going on a reverse on this deal. He's not self-conscious.

Uh.. he all of a sudden just enters into doing what he is doing and he simply goes on doing it and then he says, "Look, this is so good, this is so good; there's no time lapse there of my saying, "Now you do this and now you do that and now you do something or other"." Tha.. that's so good, it's so fast, it's so convincing to him that he doesn't recognize that that is action. That's action, the other is automaticity being played across two or three circuits.

Here's this fellow all set up. He's got a lot of circuits and one.. one of his circuits is to be able to drive a bus. And he goes up and down the bus route, back and forth on the bus route, back and forth on the bus route, back and forth on the bus route. He knows he's driving a bus. His circuit responses actually are.. are minimal. You'd think they'd.. they'd be terrific but are.. they're actually minimal. He.. he knows he's sitting there driving a bus.

It's only when one day he would say, "All right now this body's going to sit here and drive this bus automatically and I'm not going to have to pay any more attention to it." Or uh.. he sits there driving the bus and dreaming he's someplace else and thinking about something else.

There he's removed himself from the environment and he is setting it up with automaticity in order to secure his own freedom. That's the wrong way to secure a freedom; what's he doing driving a bus in the first place? Now when you have.. when you have a problem then with a preclear who is doing mock-ups and the.. the preclear says to you, uh.. "Oh look uh.. yeah yeah, I get that black spot all right but there is a green banshee keeps wailing every time I get that and isn't that cute? Lookee there forty-five, uh.. forty-five tires just rolled in the room and saluted and uh.. aren't.. aren't they cute, and uh.. yeah that's very funny. And uh.. this building you just said to mock up, it is now waltzing." You are looking at an automaticity.

The fellow has a terrific desire not to be responsible for what he himself creates. And that terrific desire reflects itself in creative processing in a randomness in the objects created. He.. you say, "Mock up your body." You want to watch this, by the way, very closely, and understand what this is, because it's something that you must not tolerate but must work toward the end of actually controlling the created object, and if you've got a vast amount of automaticity going on in the created scene, work to get it out. Increase and decrease the action in that scene, and change the location and set-up of that scene until you're no longer confronted with this.. this random action, this automaticity. Things happening without, apparently without his consent. The actuality is, they are happening exactly with his consent because he consented on some other by-line, some other past, and it's arriving there at center with the scene all out of adjustment. Now you'll say to some fellow, "M.. mock up your body." You say, "All right." You say, "Put it out in the street. And put it back here."

And then he says, "Okay, okay, okay, fine, yes, that's right, another place, oh yes, fine. That's..."

And you.. you think he's going right on with this. Uh.. you ask him what the body's doing when it gets out on the street.

"Oh," he says, "it's standing there twirling an umbrella. Uh.. now it's playing hopscotch, yes, I have it back here now," he said. "But when it got back here, it was wearing a plug hat. It had suddenly changed its overshoes, changes into Momma, changes into a green elephant, and changes back to the body again. Then it does a jig." And he says, "Yes, I have the body here. That's fine."

And now you say, "Put it up on the roof." And uh.. he hasn't told you it's doing anything, but if you had asked him, you'd have found the moment it hit the roof, the body started making little paper airplanes, and.. and throwing them out into the street. Well, this is automaticity.

This is action outside the control of the individual. I suppose that really is the definition of automaticity. Desire to have action outside the control of self, even though one has initiated the action.

Automaticity is a principle with which randomness is produced but if automaticity comes up to such a point as to be uncontrollable, an individual finds himself extremely uh.. perplexed after a while because he's set up so many circuits he don't know who he is any more. Well, he is the fellow that can make the automaticity increase and decrease in those images.

Body lands out on the street and starts twirling an umbrella. You say, "All right. What's the body doing out there?"

He says, "Well it's just standing there twirling an umbrella and so forth." And you say, "Did you start it twirling the umbrella?" And he says, "No."

"Well, make it twirl the umbrella faster. Now make it.. twirl it slower. Now make it.. twirl it much faster."

And he'll say by this time, "Well, it's put the umbrella away by now, and uh.. it's.. it's put on some skates and it's skating."

Well, you better start in with the simplest geometric forms, if that sort of thing happens. Simplest geometric forms, geometric form one, of course, is a point, geometric form two is a small circle or a disc. Three is a square, four is a triangle, any.. any one of these little.. little figures. And have the fellow take that and put it up someplace, or back someplace, or under, around and so forth, until he can hold it still. And uh.. till he can hold it still and then move it at will. Hold it still and move it at will, hold it still and move it at will. All of a sudden he'll say, "What do you know, I can - I can control these gimmicks which I create!" And he'll take a considerable jump up the tone scale at that moment.

Now another effect of automaticity is that the individual has a developed disability in order to have something done for him. Now you're just looking right straight at the service facsimile chain there. He's.. it always has to go this way. I.. he has to tell himself, "All right, I can't do this," so he can do something else. In other words, he says, "Now" - he's.. he's.. he's tired of this set-up and instead of saying.. instead of saying.. saying, "Well, the devil with it!" Or blowing it up or something like that, he wants it to continue in some fashion, so he says, "Well, I'm incapable of taking care of this segment of it. And uh.. therefore we'll set that up sort of on an automatic circuit." Anytime anything is done for one, there is an incapability demonstrated by the individual. Look at modern advertising. Save yourself a hundred and ninety steps a minute. Use Squirrello straight from our laboratories in Colorado Springs, an electric shock in every package."

Uh.. you know very well that you couldn't possibly be able to exist without a whumpacator, a tumpapator, uh.. a little handy jim dandy can opener, you know you couldn't exist without these things. Well, stop and look at it for a minute. You can exist without them.

"Yes," you say, "well, I can. All right, I can do without a can opener. I can sort of bite them open with my teeth." "What the hell are you doing with a tin can?" He'll say, "Well, you have a tin can so you'll be able to eat." You say, "What the dickens are you doing eating." The fellow says, "Well, uh.. you got to keep the body going." "What are you doing with a body, fellow?"

"Well, you.. you have a uh.. well I couldn't get along without a body. I.. I tried it the other day, this theta clearing and stuff and I didn't have enough force in order to push things around or.. or.. or do anything. I.. I.. I just didn't."

You say, "What are you doing without force, fellow? Huh?" And he says, "Why, I don't know. That's right. I don't know."

How the dickens did he get into such a state that he can't produce a kilowatt. I mean all you're asking the fellow is to produce is one lousy stinking little kilowatt of energy and direct it. That's all you're asking of him. And jus.. can he do it? No. You.. you say, "Well, all right, how about pulling the electric light line down there and there's only 110 volts on it and uh.. shorting it with a wire so it will crackle and go spit."

No, no, no he doesn't want anything to do with that. Why doesn't he want anything to do with it? Well automaticity a long time ago said, "It's better to have something else produce force for me than me to produce the force, because it's more fun that way." It's not more fun that way, but it's a better operational control that way for somebody else.

I can just see somebody from Batten, Barton, Durstein and Osburne now, walking into your home universe saying, "Now, what you need.. what you need is a little more automaticity. We've got a couple of boys and uh.. they've drawn up this little operating schedule here and uh.. all you have to do.. all you have to do is.. is just set up this little dynamo and it makes all this force over on this side, and then you don't have to make the force anymore."

Now the fellow who said.. it possibly never occurred to somebody, such as the wantingness of a thetan.. probably never occurred to him to say, "Now wait a minute. Why do I want something to make force for me? I'm just getting along just fine." It probably never occurred to him that, he said.. he probably said, "Well, that's cute, that's interesting." That's all set. There's no difference between that theoretical and highly postulated operation - BBDO doesn't operate in the theta universe. Yes, there's a fellow by the name of, well, I won't go on about that, they.. they burn coal down there anyway.

Uh.. here we have.. here we have one of the most marvelous operations, "You look tired. Let me take your slippers and uh.. you just sit there and read your paper. Oh the work was hard today, was it?" Automaticity in another guise at another position on the tone scale. These people that go around and say to you, "Poor fellow you look so tired." If you can't furnish a kilowatt, you'd better learn how so that you can zap him, because he's trying to kill you and

cut down your horse power. That's it. I mean he isn't just doing this out of uh.. sheer stupidity or something of the sort; he isn't doing it out of automatic circuits. Actually lurking right back that in the level of knowingness is, "How can we get this guy quieted down?"

"You look so tired, you poor fellow, you are overworked - what you need is a rest." Tell a fellow that often enough and he's all set.

Now, you'll find every once in a while somebody DOES need a rest. Every once in a while somebody's worked himself to a sizzled frazzle, and uh.. he's all set. Let him go someplace and take a rest. You'll have to. Automaticity is mounted up on him to a point where the best and easiest way to combat it is to actually give him a rest, but that is long after the first germs were planted.

Here's this fellow. Let's take the young playwright. He's.. he's maybe twenty-two, he's writing plays like mad. After he writes them why he goes around and he has a.. a whale of a time, and.. and uh.. figured it all out this way and that, and getting a producer, and he.. he's around the parties, and he's doing this and he's doing that and squaring things around, and finally the production gets on and geez, he's half the cast too. He's working day and night continually continually and.. and that he.. that play goes over and he gets another play. And he's got that one and he's sitting up all night long, writing that one. He's going out on a party and.. and.. and so forth, and making contacts with people, and he's coming back in and he's making contacts with his business agent. And he's work, work, work, and that telephone is ringing and he's writing with his left hand, he's.. he's just going like a rocket!

How long could he go like a rocket without blowing up? Well, nobody's ever given anybody a chance to find out. They DON'T blow up because they're working hard and using energy. They do not do that! Let me emphasize that, because you want to know what to do for the tired business man who is facing a nervous breakdown, it's contained right in this process. And you'll find plenty of those. What's he.. what happened?

Well, he was twenty-two and he was twenty-three and he was twenty- four and he was just doing fine. Then all of a sudden you find out that he slowed down. He had to protect himself. He thought he had to take care of himself and do a little bit better. Find the character who slowed him down, because he didn't slow himself down.

Now you could say, "Sure he went through a failure and he went this way and he went that way, and there were lots of reasons for it." Oh, no, there weren't any reasons for it. A guy can ride over forty thousand failures and come up shining, put the machine guns on the parapet and go back to work, unless there's somebody there. Some serpent in the garden of Eden who is ready to twine around his neck and choke him to death with this clawing statement, "Dear, you're working so hard, let's take a rest, shall we? What you need is a little vacation. Oh, you've just had a failure? Well let's get away from it all now, and why don't you just forget it for a week or two and have a little rest and it will be all right, and you'll be able to come back fresh and shiny." Phooey.

What do you do? Why do you locate this character? Why do you locate automaticity number one for current life? So that you can take this person and start handling this person with mock-ups very adequately until the person of this person seems to be so easily handled that one does not afterwards have to do anything.. have to do anything that person said. How do you bust out every engram momma ever laid in? Work the preclear up with hack-ups until he can chuck momma uh.. the length and breadth of the city. Use her for a football, roll her up into a hedge hog, and.. and fire her from cannon balls and then also be very nice to her and put capes and create things for her, and put her in big palaces, and.. and blow them up and uh.. so on. But you'll find out that somebody entered into his life, this young playwright's life theoretically, who wanted to tell him just one thing, "I want to eat you and I can't do it right now because you're running too fast for me. But in view of the fact that we're very, very low tone scale we can get you running slower, we'll be all right."

Homo Sapiens hardly has a chance, he's glued down to a gravity field which is very heavy and he can't get up to speed. The fastest acting fellow you ever knew is operating at maybe a hundredth or even a thousandth of what would be considered a normal speed in space. It's real slow.

I mean Homo Sapiens reminds you of the fellow, the diver walking in the bottom of the seas, slow motion against the water. It's just almost agony to look at him. You wonder, "My God he's walking down the street!" You see some guy in one of these go-getters walking down the street. Evidently his feet are going chop chop chop chop chop. No they're not.

You say, "After he's picked that foot up is he ever going to set it down again?" You know, you just watch this slow agonizing.. this fellow thinks he's walking, he thinks he's moving in some direction or other. And you watch him pick that foot up. Now you watch the foot go through. And you hear the joints creak and so forth. And he gets over to the midpoint of the stride, and then it goes down again, slowly, slowly and about that time he shifts the weight of his body and he gets the other foot starting to come up and you say, "Oh, Christ! How is anybody ever going to get there that way?"

It's like.. like all the pavements are made out of glue. Automaticity got to them, they're running slow and it is a speed level which is very dangerous. The fastest that Homo Sapiens moves is a speed level below the point of high danger. It just can't move that slow and live. And Homo Sapiens doesn't live - three score and ten.

All right, now that's like the.. a snap of your fingers is in the.. in the length of eternity. It's not even that. Let's see, I guess it would be an infinitesimally small instant, or an infinitesimally small part of the length of time necessary to snap one's fingers. Yes.

All right. Automaticity, how do you recognize it, what do you do about it, and how does it apply to processing? Homo Sapiens, your preclear, he's running slow. Lot of people.. lot of people say, "Well, all right I'm out of the body, I stay out of there stably, what do I do now?" Well, they.. it's something like.. something like taking a quarter horse out there and you finally got this quarter horse so that he can lounge over to the other side of the stall. And say, "Now we have fully rehabilitated this quarter horse, let's go and find something else to do." Yeah, he can.. he can cross his legs and lounge over against the other side of the stall so you think he's fully fast enough and active enough to be a quarter horse.

When you get him up to the highest point that you possibly think that anybody could get up to in terms of speed, thought, ability, ability to move, reaction time, and ability to create energy, realize that you are just about at that point looking at the lowest safest level he could be at if nothing else ever happened to him to shake him up. You're scraping bottom then. Now let's get him up to speed from there. Just take the uttermost super limit that you can think of in terms of speed and action and consider that as below what is a safe margin, operating margin.

And the way you handle this is to knock out all the automaticity.

It seems to be to you, that if you could get your preclear to do everything automatically he would then and there - everything automatically - he would be then and there be in the first best possible method of training. He would be trained.

This goes to such an idiocy that they actually, mind you, the planet Earth where they train athletes. They get fellows out there and they get them pushing things around with their shoulders to play football and they get.. get them trotting around tracks in short pants, and if they smoke a cigarette, that's - no no no no. That's a lot of hog wash. It was brought in here from Sweden - a new method of slowing people down.

What do you build up with all those things? You build up this very glorious lot of new facsimiles which pass for muscles. If you ever want to see the ultimate in training just take a look at one of these boys that has built up all these muscles with barbells. He.. he's really

wonderful. He hasn't got any sphere or motion, action, anything else of the kind that he ought to have. Why? He's done nothing but build up facsimiles in the exact spots that he ought to build the facsimiles up in. And people have never coordinated this. Why is it when a fellow trains up on barbells he gets unhealthier and unhealthier. He looks, he looks muscular, muscleder and muscleder but he is actually getting less and less able to withstand bacteria or anything else.

You go out here one of these football squads sometime if you really want a laugh. My.. my God! You'd think you were looking.. you'd think you were walking down the ward of a hospital. These guys, these guys are just, they.. they.. they get more and more delicate. The coach practically goes around and starts feeding them sugar and.. and uh.. and uh.. one of the first things he'd do if you started auditing some of these boys is uh.. he's come in with terrific anxiety. "Don't break up my quarterback now. Don't sneeze in here, don't do anything else, because he's liable to sprain his back or something of the sort."

You look at them as they go out on the playing field and they're all taped up, and wrapped up, and strapped up and splinted up until if it.. they put this uniform on them after that. And the reason they wear uniforms and so forth is to cover up the bandages. Because all this fellow had to do was open his car door and he practically broke his arm. It's wonderful; they get them up to a real high level of automaticity.

All right. How do you.. how do you cure that? You just uh.. handle mock-ups until the fellow can really handle a mock-up. He knows what the mock-up is doing. He can place it where he wants to place it and he doesn't wait for somebody else to place it there for him.

Now there is a level of automaticity where you can get further with your preclear if you have him mock up somebody in order to move something around. You can actually go at it that way if you have to. You.. you mock up, you mock up a fellow by the name of.. of uh.. uh.. Jones Whiler or something, or Bessie Ann, to go over and push the mock-up around and uh.. he'll get tired of this after a while. And all of a sudden he'll come to this astonishing realization, he'll say, "You know I don't need Bessie Ann."

And you'll say, "No."

What we're working with here is a level of self-sufficiency which is really a little bit out of the imagination of Man. He's built up things to such an interdependency and he thinks this interdependency is so vital that the fellow who can stand up on his own two feet is looked at like a freak.

What, you mean this fellow doesn't buy General Food's products? He doesn't buy.. he doesn't have to have eighteen uh.. hot and cold running bellhops everytime he goes in the hotel. He carries his own baggage. He.. he.. he says, "To the devil, what the devil does the maid keep coming in here for? Uh.. the bed's already made! I'm..."

"Got up when they come in," he says.

They say, "What's the matter with you? I mean uh..." They kind of look at you. They say, "Well, he.. he made his own bed, humm. Huh." That's bad you understand, that's real bad.

Now out in China they have an organizational set-up all through the long shore societies of China which are fascinating to behold. And that is "Pou chea." Don't break your neighbors' rice bowl.

When I was a little.. when I was a kid out there I used to look at this and I'd say, "Oh, no, things just can't be this bad. Don't break your neighbors' rice bowl." All right, we.. how do they go about this?

All right you.. you're a shipper, you see, and you order a ton of freight to be laid down on uh.. on the jingo jetty, and you're supposed to have this ton of freight laid down on this jetty and it's just down the river and you've got another ship there and it's going to pick that ton of freight up at that jetty. Well, everything's all going to go out very smoothly except Pou chea is going to step in your road, and that consists of this: The boys who bring the freight down to the jingo jetty don't bring it to jingo jetty. They haven't any vested interest in this at all except they know there's another long shore crew up river that isn't working and they have to have work to eat. They know that, they know that so thoroughly that they're spinning out the bottom as a civilization so darn fast they look like a rocket pointed straight down.

They take that ton of freight they're supposed to be hauling for you and they put it up the river a mile and then they walk off. Oh big mistake, big mistake. They.. there's very - they.. they couldn't possibly have done this and uh.. they remedy the whole thing, but uh.. they can't move anything on the river. Uh.. that's uh.. there's uh.. they know a fellow though, they know this fellow, and uh.. this fellow uh.. he can get it moved for them. The next thing you know you have to hire another long shore crew in order to take that ton of freight and take it back down the river a mile to jingo jetty.

And perhaps if you were standing there with the coppers in your hands or something of the sort, and say you just won't pay a dime unless it's laid down on the jingo jetty, the package, the ton of freight will be delivered a mile south of the jingo jetty. And actually they'll take something like that and they will shift it up the river and down the river and into this sampan and into the wrong boat and over on the wrong side.

You watch your boys.. watch your boys unloading a ship of rice, let's say. The guys, your own crew, will start picking up rice bags and they'll start over the side with the rice bag and they will go down to the bottom of the gangway. And here are a whole lot of urchins, and beggars, and people down along the docks and they'll just take and bust a small hole in that: rice bag as they reach the bottom of the gangway. Bust a hole.. a small hole in rice bag and pack it across into the warehouse, and of course it's leaving a track of rice all the way along behind him. Little.. little tiny thin trickle of rice, and they'll stack up that sack and they'll go back and they'll get the next sack. And the little kids suddenly burst out of nowhere and so on and they've got dust pans, uh.. little brooms, something like that. And they'll sweep up this rice - zzzzzzzz. Don't break your neighbor's rice bowl.

Never occurs to any of them, you say, "Now look, I don't want all those rice sacks broken, we'll just take two rice sacks and sit it over there and all the beggars can have that." Oh no. You see it's.. the theory is they have to make work for somebody. They have to make work, and they run it in exact opposites too - they won't let anybody work that possibly can be restrained from working.

Just walk down off a ship, or walk out of a hotel, or just try and reach down for your hat which you dropped - or.. or.. God, some of the boys.. some of the boys out there, fellow who'd get to be old China hands and so forth, they.. they just go to pieces. These fellows will sit down in a chair and actually some of them will go to the extent of separating the thumb and fingers wide enough for a glass to be put in it. N.. none of them have their wrists lifted to their mouths. But it's just about that bad. They are surrounded by service, service, lots of service, big stuff.

Well, you say immediately, "Why, how could we possibly do without a lot of this service." And again we go down and, "Am I expected to bite the tin can open with my teeth?" What are you doing with a tin can? If you're going to support a lot of objects which aren't yours anyhow, you can get into a dwindling spiral on this.

You wonder why the rich, and rich families, last about three generations in America at the absolute outside. The great fortunes of America go on that rolly coaster at.. on an average with great regularity. That's because of service. They have, they have, they have and then people

make sure that they have. And people make real sure they have. And then one day the third generation is so dead that it couldn't be moved around with a derrick! Automaticity.

Well, way up the level we get at automaticity.. we get allowable automaticity, which we could say is allowable automaticity. We say, "This operation is going to continue." And you're saying at the same time, "I am continuing this operation." Next allowable automaticity is, "We are a.. a group of individuals and we have a subdivided uh.. set of functions here in order to smooth this out, we will stay by our own functions.. divided functions. Not because that is efficient, and not because a specialist should stick to his last..." this.. the whole field of medicine.

The only reason.. the only reason medicine finally blew up back there in the twentieth century was actually because of specialization. Somebody went in and.. and if.. if there was a spot on the center of the tonsil and they've just gone to a tonsil expert why they had to go to a center of a tonsil expert, and have the spot examined.

Uh' .. that thing set in and uh.. specialization but here it's on the very allowable thing to set up spheres of action. Not on the phony excuse that there are people there who are specialized and strangely skilled in these actions, not on that theory at all but just on the theory that we've.. we've' uh.. want to produce some randomness.

You're setting it up on the theory that each person there uh.. is segregated into a sphere of action. Not to have things smoother or anything - who wants things smooth? That's just to produce greater randomness and it becomes unallowable the moment when we say, "The reason we have done this is these people are particularly skilled in these lines and could not handle the other functions."

When they've said he couldn't handle the other functions we've introduced a disability and we've said therefore the group has to be served. Automaticity, the group has to be served. Hogwash! That is no reason to go down scale to pick up these excuses. What are you doing it for? It's fun. That's all. There isn't any heavy pressure of necessity on this line.

All right, now you.. you have in that same strata, the communication of knowledge. Uh.. you start in at some low strata like Earth or something like this. Somebody might have a little more experience along in these various lines. You're trying to dig out of something - get back through.

An automaticity set-up or a functional set-up which heightens self- determinism is not only allowable but desirable. Because you can heighten it at a greater speed but an automaticity, which is entered into to depress self-determinism or demonstrate a disability, becomes highly aberrative and will wind up with this dwindling spiral into something like the MEST universe.

So when you look this picture over you'll find out that studying spheres of knowledge, quite allowable, as long as those spheres are then not used as control factors, on the rest of the group. Get that one, just as long as they are not then used as control factors on the rest of the group.

That big long knife which you see gleaming slightly behind my back is one which I am going to sink straight through the whole cult of, "The reason I am important is because I am an authority."

"And I can stay important" this groups says, "just as long as I can convince you that it is difficult and succeed in withholding some of the information from you." That's a.. a control operation. Knowledge in that sphere then is saying you'll get the vectors on this in a moment very clear. That group.. the person who does that is saying, "We must have automaticity. I am sitting here and I am the only one who knows and therefore being the only one who knows possibly, why, I have to hold back information and use part of what I've got to reduce the

automaticity uh.. to heighten automaticity and reduce the self-determinism of others in this group.”

Now that.. that operation winds up in disaster! Fortunately it winds up in disaster for all hands - including the authority.

And uh.. then there is allowable level, allowable levels all up and down the line. It is true that Homo Sapiens has an interdependency which must -- be served so long as he continues to be Homo Sapiens and that he is just as capable of digging himself out as Homo Sapiens as he can buy a breathing space from the terrific onerous necessity levels which have been thrust upon him throughout time.

Now I mean by that, we wouldn't have a ghost of a chance of digging ourselves out right now unless Homo Sapiens actually had slugged up from the mud far enough to a point where he had a little leisure time. If every one of you was forced to handle with your bare hands the blocks and so forth of buildings, if you were able only to secure manuscripts which had been printed arduously word by word stroke by stroke, no, you wouldn't have much of a chance for the good reason that the oppression of the individual would have become tremendous just in the level of survival.

We happen to be going through temporarily, momentarily, only for an instant, a period when Man has made himself relatively free by the use of a machine. A period which just succeeds after a period when he was terribly enslaved by a machine. The industrial.. early days of industrialism with their twelve, fourteen hour days, with their smoke-belching factories, that were eating out the lungs and wits of everybody in them; that was a pretty grim period. He had moved from one kind of slavery to another kind of slavery,

All right, he's.. he's moved out of that. This era is just succeeding that and just before the machine is employed for his utter enslavement.

The reason you've got Scientology is to a large degree because it's right here that there's a breathing period on Earth. There's a little breathing period. I don't know how many years it is from here to the other but you've already seen it begin. You've already seen the second slavery stage start. And it started with Hiroshima.

It became dangerous according to the most learned of our national political buffoons for knowledge to be disseminated. Of course, every country that could possibly afford to build one now has an atom bomb. Though I don't know quite where they got off that their atomic police was so important. But it became terribly important to them to shut all the boundaries on knowledge. And you've seen those things, those curtains shutting down. And those were the shades of night falling.

And they say Professor Wumphgutta is no longer at the university, he is working at our project at a destination point unknown and you have to have cards and you have to have this and your political affiliations are wrong so therefore your theories of nuclear fission are wrong. Uh.. the uh.. the whole nonsense of thought police is moving right straight in. The shades of night. Now we've got a period here of a very short space of time. You see it ISN'T the destruction of civilization by an atomic bomb that worries anybody. These jokers can't throw enough atomic bombs to blow this civilization up. They just haven't got enough bombs, that's all.

Man is the most surprising character. I tell you, you co.. you could lie in off of a beach and you could hear the sixteen-inch shells going in over your heads like so many freight trains, moving in with tremendous explosions in the s.. in the sand and in.. in different barricades, over on a shore line and you'd hear your own gun going and everybody else's guns going and the bombs and.. a coming down like hail, and you'd say, "There is.. couldn't be anybody left alive in there. That's utterly impossible - for a single human being to have survived in the midst of that flame and rubble." Oh, oh - your first landing craft hit that beach, all of that masonry and everything else would vomit humanity and fire, coming your way. It's the most fantastic

thing, it.. it just exceeds your ability to figure out why this exists that Man is so relatively unkillable. I have seen him live through continually things he couldn't possibly have lived through, so don't worry about the atomic bomb from the standpoint of wiping out all human beings. No, it's something else. it's.. it's uh.. let's shut down the communication lines of knowledge.

Here for a brief moment we have had them free and open and something could happen. Now, because we have a big weapon, let's close all the frontiers. There's a tremendous urgency against that because that's.. that's real. That's going to happen here on Earth. There's really only one other answer to it - an answer you don't want anything to do with and that is to.. to start in using your weapons as a police weapon to get it across. That becomes very rough.

Start using Scientology as a police weapon in order to.. to free people - very bad. Very complicated, not very doable.

Now, automaticity then tells you that bad automaticity would be that which depressed self-determinism by pretending sympathy or service for others, and good automaticity would only be that which raised the self-determinism of others and let them more and more on a rising scale think, act and provide for themselves. Or automaticity on all these lines and all these points, but, "Dear I have to do it for you because you are so tired" is down, very definitely.

You want these automaticity people, bad automaticity people, out of your preclear's life and you get them out by handling them with mock-ups on the part of the preclear.

Let's take a break.